

HOOSICK FALLS CENTER MONTHLY ACTIVITIES

Office: 518-686-7561

Meals served or Grab & Go Daily at noon call by 10:00 to reserve

April 2025

Center Open Daily 9:00 -3:00

Daily Events

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAY	FRIDAYS
Gym Open 9:00- 2:00 10:00 Games and Conversation 10:30 Exercise w/Sonya	Gym Open 9:00- 2:00 10:00 Games and Conversation	Gym Open 9:00- 2:00 10:00 Card Games 10:00 Cardio drumming 1:30 Exercise w/Pat	Gym Open 9:00- 2:00 10:00 Games and Conversation	Gym Open 9:00- 2:00 10:00 Senior Games 10:00 Cardio drumming 12:30 Bingo (most Fridays)

EVENTS FOR APRIL 2025

Wednesday April 2 nd	10:00 April Craft \$5.00 sign up on table/12:30 April Fools Charades
Thursday April 3 rd	10:00 April Craft \$5.00 sign up on table
Friday April 4 th	12:30 Variety Bingo
Wednesday April 9 th	11:00 Town of Hoosick Senior/Center Meeting AARP Defensive Driving Class in Theater room (class full) 9:30-4
Thursday April 10 th	10:00 – 11:30 Tech help with Michelle from Cornell (appointment suggested)
Friday April 11 th	12:30 Easter Egg Bingo
Wednesday April 16 th	12:30 Monthly Birthday Celebration w/ Trivia contest
Friday April 18 th	12:30 Special Music with Brian Zapel
Wednesday April 23 rd	10:30 Earth Day activity: painting planters, 12:30 planting w/ Heidi
Monday April 28 th	12:30 Movie Monday
Wednesday April 30 th	11:00 Eat Smart / 12:30 Senior Games