

**MENU**

**Rensselaer County Department of Unified Family Services- AGING Nutrition Services- 518-270-2739**

**To Reserve or Cancel Call: Troy: 518-270-2740 Rensselaer 518-487-4427**

**Hoosick Falls: 518-686-7561 Grafton: 518-279-3413**

**\*\*MENU SUBJECT TO CHANGE\*\***

**APRIL 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
	1) Veal Patty w/Marsala Gravy Mashed Potatoes Brussel Sprouts White Bread Diced Pears	2) Stuffed Shells w/Meat Sauce Italian Blend Garlic Bread Stick Cookie	3) Sliced Ham Cold Plate on Lettuce w/Mustard Potato Salad Cottage Cheese w/Pineapple Rye Bread Fresh Fruit	4) Creamy Macaroni & Cheese Zucchini & Tomatoes Normandy Blend Cinnamon Applesauce
7) Turkey A 'la King White Rice Peas & Carrots Biscuit Granola Bar	8) Cheeseburger Tater Tots Steamed Broccoli Round Roll Diced Pears	9) <p style="text-align: center;"><b>CHEF'S CHOICE</b></p>	10) Chicken Cordon Bleu Buttery Mashed Potatoes Cut green Beans Fresh Fruit	11) Eggplant Parmesan Pasta w/Sauce Italian Blend Italian Bread Yogurt
14) Taco Sloppy Joe Fire Roasted Corn Diced Carrots Tostitos Graham Crackers	15) Baked Chicken Breast w/Cajun Cream Sauce Mashed Sweet Potatoes Garlic Butter Pasta Corn Bread Fresh Fruit	16) Lemon Garlic Cod w/Tartar Mashed Potatoes Diced Carrots Mandarin Orange Cup	17) Roasted Pork Loin w/Gravy Loaded Baked Potato Peas & Onions Dinner Roll Easter Dessert	18) Crabmeat Salad Cold Plate Macaroni Salad Pickled Beet Salad Cookie
21) Orange Popcorn Chicken White Rice Broccoli Diced Pears	22) Goulash; Seasoned Beef & Elbows w/Sauce Italian Blend Veggies Garlic Bread Stick Italian Ice	23) Egg Salad Cold Plate on Lettuce Tomato & Onion Marinade 3 Bean Salad White Bread Peanut Butter Crackers	24) Salisbury w/Smothered Gravy Mashed Potatoes Buttered Wax Beans White Bread Fresh Fruit	25) L/S Hot Dogs w/Mustard Vegetarian Baked Beans Seasoned Sauerkraut Hot Dog Roll Mandarin Orange Cup
28) Simple Baked Chicken w/Rosemary Gravy Mashed Sweet Potato Wax Beans Wheat Bread Diced Peaches	29) Italian Style Sausage & Peppers Pasta w/Sauce Italian Blend Italian Bread Cookie	30) Butter Crumb Cod w/Tartar White Rice Broccoli Florets Strawberry Applesauce	Nutrition Abbreviations: NCS-No Concentrated Sweets L/S-Low Sodium (salt) Soft-Low Fiber UNS-Unsweetened	This Program is funded by the U.S. Administration on Aging Older Americans Act, NYS Office for the Aging and Rensselaer County.

*Suggested Voluntary contribution \$3.00 per meal. Guests under 60 must pay \$5.00 per meal. No one is denied due to the inability to contribute.*